

MINIMISING PSYCHOSOCIAL RISK

Embed an
organisation-wide
approach to mental
health that actually
works

SYDNEY | 15 MAY 2024

Created by:

ChilliIQ
connecting leaders + ideas

in partnership with:

 **Thomson
Reuters™**

ABOUT CHILLI IQ & THOMSON REUTERS

ChilliIQ

connecting leaders + ideas

We are a leading creator of conferences and summits who aim to bring together great minds with avid learners amongst the thought-inspiring atmosphere of leading venues.

Chilli IQ has many years of collective experience in the area of creating and developing innovative conferences and summits for the changing business environment. This is not though what differentiates us from the crowd, what makes us unique is our modus operandi. We value quality and strive to ensure that every aspect of our events reflects this – from the choice of speakers, the venue and the genuine attention to detail.

Our main objective is to lead the field in the area of knowledge delivery and as this is a fluid process we are constantly seeking new avenues and evolving to make sure we never just settle. We ensure that all who partake in the Chilli IQ conference experience – whether it be as a delegate, a speaker, a sponsor or an endorsing association – maximise their investment and attain a higher level of understanding and awareness of the chosen business theme.



OUR PARTNERSHIP WITH THOMSON REUTERS

We are also proud to announce that as of January 1, 2021 Chilli IQ have secured a strategic partnership with Thomson Reuters.

This collaboration will empower Chilli IQ to foster growth and develop premier conferences tailored to the legal, technology and corporate sector.

ABOUT THE EVENT

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*In December 2023 - The amended Work Health and Safety Regulations prescribe how duty holders must identify and manage hazards and risks to workers' **psychological health and safety**. Organisations need to consider and review approaches to managing psychosocial risks and fostering mentally healthy workplaces.*

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MINIMISING PSYCHOSOCIAL RISK

Embed an organisation-wide approach to mental health that actually works

Many organisations deliver mental health strategies that lack sufficient practical tools, or focus excessively on individual-level strategies and neglect organisation-wide and systemic approaches. What's more, current leadership practices can inadvertently heighten psychosocial risks, failing to promote a thriving workplace. This approach also risks noncompliance with psychosocial risk legislation, highlighting the need for a comprehensive mental health framework

This module takes your leaders from:

- Delivering programs that tick boxes but often don't produce lasting effects to **delivering programs that really move the needle** on mental health and wellbeing
- Relying solely on individual-level wellbeing approaches to **embedding effective mental health strategies** and **language** throughout the organisation.
- Using leadership practices and policies that exacerbate psychosocial risk to **embedding new practices and policies** that instead foster organisational thriving

WHAT YOU WILL LEARN

The event is designed to offer the following crucial strategies :

Innovative Well-being Strategies:

Move beyond compliance to implement impactful well-being strategies that address the unique pressures of high stress and work-life balance, significantly influenced by the pandemic and remote work.

Legislative Insight and Compliance:

Gain an in-depth understanding of the new psychosocial risk legislation and its implications for the legal industry, including strategies for compliance to avoid legal and financial penalties.

Real-World Success Stories:

Learn from the profitability boost experienced by companies that introduce effective psychosocial wellbeing programs, and understand the lessons from non-compliance incidents, providing practical insights for your organizational strategy.

Effective Risk Assessment Tools:

Explore effective survey tools for identifying psychosocial hazards, enabling you to evaluate and mitigate potential risks effectively.

Dual Approach to Intervention:

Understand and apply primary, secondary, and tertiary intervention strategies, along with policy-level approaches, for a holistic reduction in psychosocial risk.

Tailored Action Plans:

Develop customized action plans for your organization, incorporating assessment, intervention, and implementation strategies to foster a supportive and healthy work environment.

Engagement and Accountability:

Utilize commitment cards to make personal commitments to well-being, encouraging ongoing engagement and accountability within your team.

Comprehensive Resource Access:

Receive a resource packet with summaries, toolkits, and further reading recommendations for a deep dive into psychosocial risk management and well-being strategy implementation.

ABOUT THE PRESENTER



DR RICHARD CHAMBERS

Clinical Psychologist
Mindful Leadership Expert
Keynote Speaker
Author
Coach

DR RICHARD CHAMBERS

An APS award-winning clinical psychologist and global authority on mindful leadership and mindful education, Dr Richard Chambers is a popular speaker amongst companies and organisations of all sizes at their conferences, events and off-sites.

Through his highly engaging keynotes and workshops, Richard informs and challenges his audiences to make simple, practical changes in their lives to boost their wellbeing, performance and leadership. With a science-backed approach, his keynotes always provide simple, practical tools that can be immediately implemented in any context.

From startups to Fortune 500s, audiences consistently rank Richard's keynotes as the highlight of their events.

A TEDx speaker, Richard has also featured in ABC TV's Catalyst program. He is regularly interviewed in mainstream print, radio and podcast media and has published over 50 research articles in leading journals around the world.

The author of 3 books, Richard has been practising and teaching mindfulness for over 25 years. He is an Adjunct Associate Professor in the Centre for Contemplative & Consciousness Studies at Monash University, and for the past 12 years has led a world-first initiative to embed mindfulness in the core curriculum for students.

Richard helped create the Smiling Mind app, with over 8 million downloads and created the #1 and #2 free online mindfulness courses, according to Class Central, as well as other award-winning online courses.

ABOUT THE EVENT

who should attend

This event has been exclusively produced to address the function and capacity of the following positions from across all industries:

- Leaders: Human Resources & People Development, Mental Health Ambassadors
- Legal counsel
- OH & S Officers
- CEOs, & CFOs
- Head of Risk, Litigation
- All those who have a role and interest in the development and wellbeing of their staff

the agenda

EVENT DATE:

15 MAY 2024 - SYDNEY

CONFERENCE TIMING: 10:00am - 3:00pm

CONFERENCE REGISTRATION: 9:30am - 10:00am

CONFERENCE TIMING:

Session 1: 10:00am - 11:00am

Session 2: 11:00am - 11:30pm

Morning Tea: 11:30am - 12:00pm

Session 3: 12:00pm - 1:00pm

Luncheon: 1:00pm - 2:00pm

Session 3: 2:00pm - 3:00pm

END OF CONFERENCE: 3:00pm

REGISTER NOW

[] **1 x delegate:** \$450 + GST / each

[] **2 x delegates*** : \$695 + GST / each

*Must be from the same firm.

For special group rates please contact george.kat@chilliiq.com.au

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[you will be directed to the Thomson Reuters registration and payment portal](#)